Why Mental Health Matters 2016
- a conference for HR and wellbeing practitioners

3rd annual conference
Thursday 28 January 2016
ORTUS learning and events centre
London, SE5 8SN
After very successful conferences in 2014 and 2015, Maudsley Learning are set to host a 3rd annual Why Mental Health Matters conference on 28th January 2016. As with all our conferences, we’ll build a programme based on feedback from past attendees and an expert steering group ensuring highly topical and relevant issues around mental health in the workplace will be discussed.

Our expert speakers include:

- PROFESSOR DAME CAROL BLACK
  Expert Advisor to Department of Health

- DR RICHARD HERON
  Vice-President Health and Chief Medical Officer
  BP President, Faculty of Occupational Medicine

- PERRY TIMMS
  Learning and Development Advisory Group Member CIPD

- PROFESSOR NEIL GREENBERG
  Professor of Defence Mental Health
  Department of Psychological Medicine at King’s College London

Who should attend:

- Senior and middle management
- HR practitioners in UK businesses and public sector
- Line managers
- Occupational health professionals
- Wellbeing practitioners
- Employee engagement professionals
- Employment lawyers
- Mental health related charities
- Service providers

*More high profile speakers to be announced

View 2015 conference report
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:30 - 10:00</td>
<td>Registration and Coffee</td>
</tr>
<tr>
<td>10:00 - 10:05</td>
<td>Welcome - Tommy Bonner, Interim General Manager, Maudsley Learning</td>
</tr>
<tr>
<td>10:05 - 10:20</td>
<td>Introduction by Chair - Tom Gaynor, Employee Benefits, Director, MetLife</td>
</tr>
<tr>
<td>10:20 - 10:50</td>
<td>To be confirmed - Dame Carol Black, Expert Adviser (Health and Work), Department of Health</td>
</tr>
<tr>
<td>10:50 - 11:20</td>
<td>Case Study Session</td>
</tr>
<tr>
<td>11:20 - 11:40</td>
<td>Orrb Presentation, Coffee and Networking</td>
</tr>
<tr>
<td>11:40 - 12:40</td>
<td>Parallel Workshops</td>
</tr>
<tr>
<td></td>
<td>- Workshop I - Preventing Employee Wellbeing Issues - Resilience (tbc)</td>
</tr>
<tr>
<td></td>
<td>- The Wellbeing Project</td>
</tr>
<tr>
<td></td>
<td>- Workshop II - Technology - An Enabler for Workplace Wellbeing? (tbc)</td>
</tr>
<tr>
<td></td>
<td>- ProReal</td>
</tr>
<tr>
<td></td>
<td>- Workshop III - Leadership and Organisational Culture - A Driver for Workplace Wellbeing (tbc)</td>
</tr>
<tr>
<td></td>
<td>- To be confirmed</td>
</tr>
<tr>
<td>12:40 - 13:30</td>
<td>Lunch and Networking</td>
</tr>
</tbody>
</table>
13:30 - 14:30 Wellbeing Cafe
- facilitated by Perry Timms, Learning and Development Advisory Group Member, CIPD

14:30 - 14:50 What can we learn from the Germanwings Flight 9525 incident?
- To be confirmed

14:50 - 15:10 Peer Support - Its importance in the workplace (tbc)
- Neil Greenberg, Professor of Defence Mental Health, Department of Psychological Medicine

15:10 - 15:30 Break

15:30 - 15:50 To be confirmed
- Richard Heron, Vice-President Health & Chief Medical Officer, BP President, Faculty of Occupational Medicine

15:50 - 16:30 Panel Discussion - facilitator to be confirmed
- Neil Greenberg, Professor of Defence Mental Health, Department of Psychological Medicine (tbc)
- Richard Heron, Vice-President Health & Chief Medical Officer, BP President, Faculty of Occupational Medicine (tbc)

16:30 - 17:00 Closing remarks from Chair - Tom Gaynor, Employee Benefits, Director, MetLife

17:00 - 19:00 Drinks and Networking Reception
The event will be held at the stunning and multi-award-winning ORTUS learning and events centre, Camberwell, SE5

Pre-booking is essential and can only be done online through our Eventbrite page
https://wmhm2016.eventbrite.co.uk

Depending on organisation type and job function delegate passes range from £189 to £359 exclusive of VAT. Registration includes access to the full conference, refreshments and lunch.

Maudsley Learning
ORTUS learning and events centre
82 - 96 Grove Lane
London, SE5 8SN

Tel: 020 3701 1641
events@maudsleylearning.com

Maudsley Learning is a social enterprise with the vision of providing world class and accessible learning in mental health & wellbeing

www.maudsleylearning.com
@maudsleylearn

For bulk booking discounts or if you prefer to receive an invoice instead of paying by credit or debit card then contact us on events@maudsleylearning.com or call 020 3701 1641

Book Now

The event will be held at the stunning and multi-award-winning ORTUS learning and events centre, Camberwell, SE5

Pre-booking is essential and can only be done online through our Eventbrite page
https://wmhm2016.eventbrite.co.uk

Depending on organisation type and job function delegate passes range from £189 to £359 exclusive of VAT. Registration includes access to the full conference, refreshments and lunch.

Maudsley Learning
ORTUS learning and events centre
82 - 96 Grove Lane
London, SE5 8SN

Tel: 020 3701 1641
events@maudsleylearning.com

Maudsley Learning is a social enterprise with the vision of providing world class and accessible learning in mental health & wellbeing

www.maudsleylearning.com
@maudsleylearn

For bulk booking discounts or if you prefer to receive an invoice instead of paying by credit or debit card then contact us on events@maudsleylearning.com or call 020 3701 1641

Book Now
MetLife employee benefits is building on its strong base among small and medium sized enterprises (SMEs), leveraging its global expertise to provide solutions for multi-nationals. Our parent company MetLife, Inc. is the number one employee benefits provider in America covering nearly 40 million employees and their dependants. We are committed to delivering on our insurance promise, providing excellent service, listening to our customers and making a positive difference in our communities. Partnering with advisers and employee benefits consultants, we provide solutions to companies that help them manage the risks of illness, injury and death during the working lives of their employees.

UK based company Orrb Technologies was launched in 2014 to manufacture, maintain and sell a digital, physical hybrid environment for the workplace called Orrb X. We focus on bringing wellness, mindfulness and learning together for a more positive work culture.

ProReal is an immersive, avatar-based, virtual-world software platform which helps put thoughts and feelings into pictures, creating an experiential, multiple-perspective representation of your world. Originally developed for and successfully applied to the business market ProReal, supported by NHS England’s SBRI Healthcare, is now evaluating its use within healthcare settings.

Media and Associate Partners: UK EAP Association and Business in the Community

*Partnership opportunities are available. Please contact vladavmaidsleylearning.com for further details.
Rightsteps strikes the balance between work and wellbeing, providing targeted, work-focused support for employees struggling with conditions such as stress, anxiety and depression, or those with long-term health conditions or substance misuse. By focusing on reducing/eliminating absence, Rightsteps combats the negative impact of presenteeism and facilitates employees’ return to work.

Care first is an acknowledged leader in the provision of Employee Assistance Solutions, with a proven track record for improving staff wellbeing, performance and attendance through active partnerships. Providing counselling and related services to organisations in the public and private sectors, our services are provided to organisations with 25 to 220,000 employees.

We are a small clinic in Southampton, with an experienced team specialising in the treatment and rehabilitation of people with addictions, including alcohol and drugs. We work with people who are self-funding their treatment, employees covered by private medical insurance and those referred to us by their health professional.

We are a leading, workplace pensions and employee benefits specialist, providing outsourced support to UK businesses as they navigate their way through the benefits landscape. For over 13 years we have continued to place client service and delivery at the heart of everything we do. Our approach and flexibility means we are there at every step of the process for our clients, their business and their employees.

*Partnership opportunities are available. Please contact vlada@maudsleylearning.com for further details.*